

ASSP at UCSF presents...

Therapeutic Window

SUMMER 2023





Therapeutic Window

Summer 2023

UCSF School of Pharmacy

Welcome!

Hello UCSF Pharmily!

On behalf of ASSP, I am delighted to bring you the first edition of the *Therapeutic Window* newsletter for the 2023-2024 academic year!

The end of Summer Quarter marks the end of Foundations I for P1s, Endocrine block for P2s, and the third APPE block for P3s. Welcome, Class of 2026! And Congratulations to all for reaching each of these milestones!

In this Summer 2023 edition of *Therapeutic Window*, read on to discover what some of our amazing pharmacy school peers have been up to this quarter! Also, learn more about our very own Executive Vice Dean, Dr. Sharon Youmans. Why did she pursue specialty training in pediatrics? What is her role in supporting Dean Kathy Giacomini? What does she like to do for fun? (Fun facts: she travels a lot, and is quite an artist!)

Hope you all enjoy this (and the donuts!!) and I'm wishing you all the best for Fall Quarter!

Sincerely,

Belanna Geniza

ASSP Therapeutic Window Editor

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FACULTY SPOTLIGHT | DR. SHARON YOUMANS

By: *Belanna Geniza*

ASSP Therapeutic Window Editor

ASSP is excited to bring back a lot more of what used to be done in the past (pre-COVID), such as Bagel Day (now Donut Day) and Skit Night (now known as the ASSP Talent Show)! So I thought who better to reach out first for a faculty spotlight than you, one of the first faculty members we meet during orientation, the White Coat Ceremony, then Foundations II in P2 year. **What has it been like for you, transitioning back to more in-person courses and events over the past couple of years?**

It's been very smooth, and I'm enjoying it a lot. It is always good to see people in person, and especially the students. That's probably the one thing that I miss the most, with the pandemic that we went through the past 2-3 years, was the fact that I didn't see students. And then, when I don't see you and see your faces, it's more difficult for me to get to know you. So we're being as cautious as we can, because COVID has not gone away, but I think it is vitally important to reconnect and to **rebuild**. We'll rebuild in some respects, but really just come back together as a community. It's encouraging for students to see faculty and each other in person. The one thing that I learned personally over the last couple of years, is that there are some things that work really well over Zoom, and then there's others that do not; so how do we constantly evaluate what we're doing to try to find that sweet spot? I know some students really like the Zoom, because it's convenient—you know, I just roll out of bed and turn on my computer! Same thing goes for faculty. Then others, it takes a lot of planning to get to in-person. But finding that balance, I think, is really important. So we're doing more and more; it's just been great to see [everyone], even seeing some of my



colleagues from other programs, and I'm happy to see them (as opposed to turning my head and looking the other way because you wanna avoid people!). It's like, oh, I haven't seen you in so long! And it's hard to believe that 2 years have gone by—or 3 years! It seems like there's a chunk of our lives that is disconnected in a way, and just taken away. And now we're trying to come back to rebuild that.

I definitely felt that as well; sometimes I feel like I'm the same age as I was when the pandemic first started.

Yes!! It's like time stands still!

Where did you grow up? How long have you been in the bay area now?

I'm a Jersey girl, so I grew up in New Jersey. I came to California after I graduated from high school. I started in Los Angeles, where I was at the University of Southern California, and that's where I did my pre-pharmacy courses. Then I moved to the Bay Area in 1981 as a student at UCSF. That's where I got my Pharm.D, and I've remained in the Bay Area ever since.

Can you tell us more about your career journey? Why did you pursue specialty training in pediatrics?

I graduated [from UCSF] in 1985. Then I did a Pharmacy Practice Residency at California Pacific Medical Center. I worked there for about 9 years as a clinical pharmacist. Doing all the jobs of a pharmacist, as a resident, was really great. Then I left and went to another hospital, which was called St. Luke's, but now Sutter [Mission Bernal on Cesar Chavez]. I worked there for about 2 and a half years. It was sort of like a pharmacist's dream job; I loved it! We were doing *everything* with the physicians and the nurses, from writing orders to participating in codes and all kinds of interesting things. Then I came back to the Medical Center in 1998. My specialty training was in pediatrics. For three-and-a-half years I was the pediatric clinical coordinator. Being a pediatric pharmacist, people will ask: Why do you want to do that? Some people shy away from peds because you're dealing with children. You do have to double, and triple, and quadruple check yourself—but that's with everybody! I looked at kids like older adults: you start low and go slow. We have much more information about how to dose children with medications and how to go about that than we did 20, 30, 40 years ago, so it's not as scary. But you still have to treat them carefully because they are little kids. They're not like little adults, and they are still developing and maturing. So when people ask me, how come you went into pediatrics? What is it that you like about pediatrics? And I heard this from a pediatrician: in that role, **it's like taking care of the child in me** because you work with the children at their age appropriate levels, but it's also the families more importantly, because they become instant healthcare providers when they have to take a sick child home and they're on 10, 15 medications. So, I felt like I was able to have an impact, and that's part of the work that I miss.

Then in 2001, an opportunity for a faculty position opened up, and it wasn't really on my radar, but I was encouraged to apply. And I did, and I got it! I was shocked. And the rest is history. I've always been in a role of administration or leadership. It seems to find me—I don't necessarily seek after it. I've sort of risen through the ranks. Going from an Assistant Professor to a Vice Chair of Education and Associate Professor, and then Vice Dean, and then a full professor. And now I'm Executive Vice Dean, to finish out my career at UCSF.

What are some of your core responsibilities as Executive Vice Dean?

As Executive Vice Dean, my main role is to support the Dean [Dr. Kathy Giacomini]—which is really the role of all the faculty—to support the Dean and to help her accomplish her mission. Specifically, under my portfolio, I have global affairs. That means we're forging new relationships with schools of pharmacy outside of the US, looking at how we can partner and collaborate, whether it's in research, education, whatever it may be. I also have diversity, equity, and inclusion initiatives under me and the 2 Associate Deans for DEI. I also have special projects and all [other] duties as assigned by the Dean. I also work with a group of Associate Deans whose main day jobs are as pharmacy directors, some of our top partners in the State. We meet quarterly and figure out how to brainstorm and work on projects together, and really how the school can help them, because they help us a lot by opening up their doors and having our students there in residence. It's a win-win situation.

I have a dotted line for education. I'm not part of the day-to-day education, but I still am involved at a very high-level. I have a "flex" schedule because I have to be ready to represent the Dean whenever she can't go to a meeting, or she's out of town, or if I have to go out of town to represent the school on something. So, I'm learning some new things because she's a brand new Dean and she's in from the basic science perspective, but I've known her since I was a first year student. We go back years and years, and so it was a pretty easy transition. I'm learning a lot and thinking differently, which is what you always want. You want to be challenged- I don't like routine stuff, it's boring. So **throw something at me that's gonna make me think differently. Challenge me a little bit. Make me sweat a little bit. Make me stress a little bit. Even if I get a headache it's okay, it will pass. And we'll proceed on.**

What is the most rewarding aspect of your job? What is the most difficult?

First and foremost, the most rewarding [aspect] is working with people, and especially the students. **That's the reason why I get up in the morning: because of the students.** If we didn't have you all, we wouldn't have jobs. Being part of your professional journey and becoming a pharmacist is really an honor. Even if it's one conversation-sometimes you don't know how you impact people-but being a resource that students can come [to]. We [the faculty], all help each other and not only within our school, but also outside of school. I have colleagues outside the school, and it's great to have them as colleagues! Some of them are my friends that I go out and see socially.

Being at UCSF, it's pretty spectacular. It's a fabulous place. They do incredible things that we don't even really hear about a lot,

because we're all in our little silos. But the research and the patient care that goes on [is incredible]. **UCSF was probably the hardest place I ever worked as a pharmacist, but it was the place where I learned the most.** This career and academia has afforded me lots of opportunities. I sit on the Accreditation Council for Pharmacy Education. That is the agency that accredits the PharmD curricular programs for all over the country. I was appointed by our American Association of Colleges of Pharmacy (AACCP). I'll be on that Board of Directors for another 3 years. But I get to see programs all over the country. We also have an international commission-I really love the international work, I love to travel! I get to work with faculty from outside of the US who are looking for accreditation (but in a different way than in the US), as well as some guidance on any changes that need to be made to their curriculum, etc. And in this way, I also have some experts who guide me and say "Yes, you're going in the right direction". As an example, next week, I'm going to Australia to an international pharmacy meeting. Last September, I went to Amman, Jordan, to visit a school of pharmacy there who was seeking accreditation. I think I'll probably have another trip in the spring, probably to the Middle East somewhere. It's pretty wonderful, and the people there are wonderful. We're all kinda doing the same things in pharmacy. And I get to meet students! The students from Jordan were so cute because they were surprised at how well their English was, because they don't get a chance to practice with anybody who speaks English. It's all Arabic, and I don't speak Arabic. So, it was just wonderful to see them and to hear about their goals, what they want to do with the profession, and

meeting new graduates. Pharmacy is very small, even though we're all over the world. But, it's good to see and learn from other people. UCSF—we're great. In my mind, we are the number one school in the world! But you can still learn from other people, and be able to share lessons, your successes and learn. I could go on and on and on about what's rewarding. I don't regret this gig at all, and it has afforded me a lot of opportunities that, if I had a regular 9 to 5 job, I probably would not be able to participate.

Now some of the **challenges**. When people think about leadership, especially students, that's always on your mind: *how can I be a leader?* There's lots of different definitions, and people come to it with different skill sets. You can always get training, because it's about interacting and working with people, and in some cases, managing people. We are very complex human beings. *With feelings*. Some of us wear our feelings on our sleeves. So [the challenge is], how do you navigate that? How do you work to inspire people? How do you help people help themselves, with their ambitions and goals? These are good things, but they are challenging. UCSF is a great springboard for you to leave here and maybe go somewhere else. Some people stay here forever! But I think these generations coming along, they're not looking to stay at one place for 30 years.

Keeping up with the changing times, with technology, is a challenge. Now everybody's on the AI bandwagon. We don't wanna get into restricting—hopefully, people will use their common sense! But just like with any other technology, you want to have guidelines on how people should act, and how to navigate any pitfalls that could potentially get you into trouble. AI to me is like any other resource or citation. You just

give credit where credit is due, and you'll be fine.

The students are changing. We as faculty have to be adaptable to the changing needs and desires of our students as they're coming in. Not all of you were not trained in high school the way I was, so [the challenge is] how do we shift our thinking and our practices so that we can adapt to that, so that the students can be as successful as possible? That means that faculty have to stay up-to-date on teaching. When we talk about students coming to class, and I've said this for years, we have to give you a reason to come. We have to make the learning environment so exciting—and that's a tall order—that people would say, “Oh my God, I don't wanna miss class today because I don't know what's gonna happen, it's so good!” **How do we make science come alive in the classroom?** Some people come to class. Other people, they learn differently, and they don't. So that's always a challenge that we're working with. The profession is dynamic and changing, and we're still struggling to find out what our role is, who we are, and how we educate the public about what we do.

People from underrepresented groups were always—and I'll just use African Americans as an example—struggling. Every decade or so, we have a new label of what we call ourselves. And it's just a **constant struggle to figure out, what is my identity?** I think we're more relaxed now. You identify however you want. You just tell me, I'm not gonna tell you, and then whatever you say is what I'll accept. And then we can move on from there. These are things that all schools of pharmacy are dealing with, so we're not alone in trying to tackle these

challenges, and we can work together to try to come up with solutions.

What do you enjoy doing in your free time? Hobbies?

I love to **travel**. I love to **cook**. I mostly watch cooking shows because they're usually happy! They're not sad-and I get tired of the news. I love all kinds of cooking shows, and of course, I love going out and experiencing new **dining and new restaurants**.

I gifted myself a **piano** last fall, so I'm learning how to play. You really have to practice-I keep thinking I'm gonna wake up one morning and magically be able to play! No, you have to practice! **I enjoy all kinds of music**. I **sing** as well, so I'm trying to figure out how I'm gonna get some voice lessons just to keep the vocal cords in shape. You know, it's like working out. I just sing for fun, and I would love to join a group, but I just haven't found the right one yet.

I love **art**. I don't know if you ever heard of something called **Sip and Paint**. You go to these studios, and you can buy whatever kind of beverage you want, and they usually have an art student or an artist there who walks you through how to do a painting. And it's just a way to disconnect or unplug and focus on something else. It's just really fun, and you meet some new people and you create something that other people seem to be quite impressed with. I'm like [about my own paintings], well, yeah, it's okay. But you know, we're always very critical of ourselves.

I enjoy **nature and the outdoors**. I'm finding post-pandemic, I'm being more intentional about how I'm using my time. My schedule was pretty crazy [before], and I said, *I'm not going back to my pre-COVID life*. It was too crazy.

So when I'm not in my left brain, which is more analytical, I'm in my right brain, which is more artistic. And so I have to live in both. But I like the artsy part more.

That's actually really exciting for me to hear, because that's how my brain works as well! I'm also excited because, just as a little plug for our talent show in the Fall, we are looking for faculty participation, so if you'd be open to being a part of it-

[Laughs] You know what's kind of funny is that when I was a student-I don't know what it was, it wasn't Skit Night. But we had this yearly thing where the students would get up and do acts. We had this band that we called **The Generics**. I sang, and it was just hilarious. Somebody played guitar. We had someone play drums from UCLA. One of my other classmates played the saxophone. There were 2 of us that were singing, it was really fun!

What advice or any tips would you give for students who are trying to figure out what career paths to choose and to those going off on rotations?

Why don't we start for those who are going off on rotations? Over the years, and I've been on faculty now for over 20 years, a constant theme that I hear is students feel like they're not ready. You are ready. **You're more ready than you think**. I understand the hesitancy, or maybe a little insecurity, but you are quite ready for rotations. I would just encourage everyone to still use it as a learning experience. Sometimes there's a little disconnect with that-we're not expecting you to perform like you've been out of school for 5 years. We do have certain standards, and your

preceptors will have standards and requirements for the rotation, but you are still in a learning mode. So if you show up with a good attitude and show up on time and follow through, that's over 50% of the game right there. Preceptors are looking for people who are eager to learn, who ask good questions above and beyond the basics. I mean, you need to come to rotations prepared. It's not like a 9 to 5 job, but really take advantage of the patient space that you're in. Learn everything you can and just trust that the faculty at UCSF—regardless of where the students go—that **we are here as your soft place to land**. If you need help, or you need to talk or run something by faculty, you have your program directors, and you have the faculty. So don't hesitate to reach out if you need some consultation.

Now in terms of **careers**, that is such a huge question, because all of you now have so many options, so many options, that it makes it hard to choose! But **at some point you have to choose one to start with. But that doesn't mean that's what you end up with**. So if you're interested in residency, that's another opportunity for you to learn and see what different people do. If you're interested in fellowship, another opportunity for you to get more training and experience in a particular area. Some people might be interested in going to get another advanced degree. The question will always be, “Why do you want to get the degree? What is it that you want to do that you need that skill set?” It's not just about getting more alphabet soup after your name, but really to **be intentional** because it takes a while and it costs money. So, you want to make sure that you're going to get something that will be able to further your professional goals or your educational goals. And then just **be open!** I tell students, I reinvent myself at least every 5 to 7 years. **I'm always reinventing myself**. There's always a new challenge, and if you look at

my CV, you can see every 5 to 6 years, I'm taking on a new role or a new activity, or I have new responsibilities added to my portfolio. So stay open! The advice that I got from someone that I've practiced to this day is that if someone makes you an offer or suggests something to you, **give yourself 24 hours to think about it, and then give the answer**. We know ourselves, and we have our immediate gut response, but regardless whether it's yes or no, just take it in and say, “Can I get back to you in 24 hours?” Or 48 hours, or however much time you need to think about it. Usually we're right, with our intuition, if this is a good move.

I would also advise **not to be afraid to take a risk**. Sometimes we do things and they don't work out. But that's okay. It's not the end of the world. You tried and you weren't successful—maybe you applied for a job. For this accreditation board, I applied twice; the first time I didn't get it, and the second time I thought, well, because it's so long, if I don't get it this time, then that'll be fine. I'll just move on. But don't be afraid to go forward and accept that a possibility is that either you won't get it, or you'll try something, and it won't work out. And you just take what you've learned, and move on to the next. **Just keep it moving**. Just keep it moving, because that's life. Life is relentless. But there's lots and lots of opportunities, and you'll see our students just do great. We have a great track record of what our students do and can do. So I'm very proud of that.

Thank you so much Dr. Youmans for taking time out of your busy schedule to share so much wisdom with us and we're really excited for your participation in the Talent Show! 😊🌟

AMCP-IPhO-ISPOR: Non-Traditional Roles in Pharmacy

By: Kathryn LeMoine and Jenny Hu
AMCP President and IPhO President



Left to right: Ivy Lu, Melisa Lanzar, Jenny Hu, Zunaira Iftikhar, Sharon Huang, Kathryn LeMoine, Kiana Hocutt

Pharmacists excel in careers in a wide range of settings beyond what is traditionally thought of when someone thinks of the word “pharmacist”. This year AMCP, IPhO, and ISPOR decided to come together for an event at the beginning of the year to introduce some of these alternative paths to first-year and returning pharmacy students. The event presented information regarding non-traditional roles in pharmacy, such as managed care, health economics and outcomes research, and the main functional areas in industry pharmacy. The speakers were the presidents of each RCO, plus the team leads of the Value of Industry Pharmacists Case Competition. It was the very first event of the school year to introduce students to pharmacy outside of the clinical or community setting.

Early in pharmacy school it can be difficult for students to grasp all of the different directions their career can go and what resources and organizations can help them to explore different areas. Having one event with a central message to direct students into different areas where they can build their industry and nontraditional pharmacy

resumes provided a launching point for students to start thinking about the next steps within the first week of school. For students who don’t know if nontraditional pharmacy is a direction they’re interested in, the event provided a foundation they can build upon by going to other events throughout the rest of the year. With over 70 people in attendance, this new event proved that it should be a staple for the first week of classes for years to come.



The audience of P1s and P2s during the presentation.

NCPA: Expanding Community Pharmacy

By: Katherine Gee
VP External Affairs

NCPA's mission is to promote and elevate community pharmacy practice to better serve our patients, communities, and health care systems. This past quarter, we've been hard at work to bring in speakers and work with the school's experiential education team.

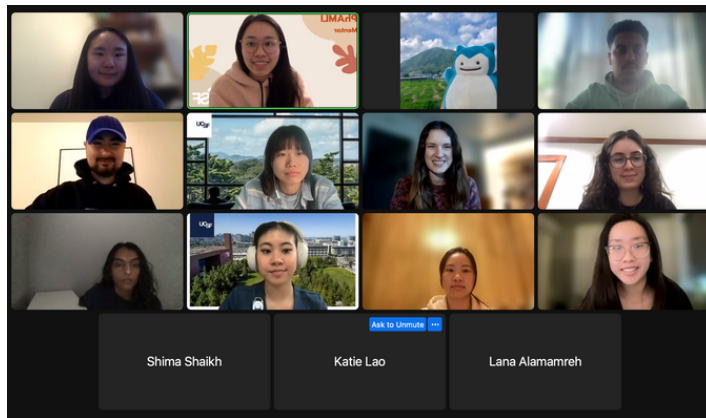
During our event, **The Future of Pharmacy in Community Practice**, we brought in Walgreens Healthcare Supervisor (SF/HI) Bindu Sheth to speak about advancements in community pharmacy practice and pharmacist roles in elevating patient care and conducting community outreach. During the event, we were able to learn about the various types of specialty pharmacies in the SF Bay Area and had the opportunity to ask our speaker about her path up the leadership ladder at Walgreens.

Additionally, we collaborated with Dr. Judie Tran for the **Community Pharmacy IPPE Orientation** to develop a Community Pharmacy IPPE handbook and share some personal insights on our IPPE experiences. We hope that the first-year students will find this handbook helpful as they go off on their community IPPE experiences and develop their insight on community pharmacy practice.

We're hard at work preparing future workshops to educate our peers about key skills needed to succeed in their careers such as entrepreneurial and financial skills ahead of the NCPA Business Plan Competition. More events offering insight to community pharmacy practice, advocacy, and networking opportunities will come in the future, so stay tuned!

PhAMLI: PhAMLI Resume / Essay Workshop

By: Mable Thai
Secretary



In order starting from top left: Grace Wu, Ivy Lu, Mable Thai, Biruk Kassa, Christian Hailozian, Zoe Geng, Kathryn LeMoine, Jaqueline Marquez, Esha Badhessa, Celeste Noelle Bustria, Louise Chen, Jennifer Nguyen, Shima Shaikh, Katie Lao, and Lana Alamamreh.

PhAMLI ended the 2022-2023 academic school year with our Resume/Essay Workshop. Mentors were invited to the last event of the school year to help provide feedback for mentees, such as helping with sprucing up their resumes, polishing their internship applications, and reviewing their essays for pharmacy school. PhAMLI thanks everyone who came out to the event and a huge THANK YOU to all the mentors who helped with reviewing and providing great tips. We are glad we could provide a helpful session for the mentees while fostering the relationships between our mentors and mentees. We wish our mentees the best of luck on their future endeavors! Tune in again this year if you'd like to have your resume and/or essays reviewed by our PhAMLI mentors!!

PLS: Summer Full of Professional Development

By: **Aniqa Azad**
President

Phi Lambda Sigma (PLS) kickstarted the 2023-2024 year with a summer jam-packed with exciting events geared towards serving our members professional development and growth as student pharmacists. Our VP of Professional Affairs, A.J. Roderos, started the year with the Annual Faculty/Alumni CV Review, where 48 of our wonderful alumni and faculty members signed up to help 61 P3 students refine their CVs as they prepared for the upcoming fellowship and residency application season. Students learned how to describe their experiences in their CV to highlight their skills to apply for

opportunities post-graduation. Following that, our VP of Social Affairs, Ellie Mehrabani, collaborated with OCPD to host a Post-Graduate Career Planning Workshop to discuss the various paths that students can pursue with a PharmD. This event not only fostered great discussion, but it also allowed students to make connections with other students who were interested in similar fields.

PLS continued to support professional development by partnering with APhA-CPhA-ASP and OCPD to host the Resume Review Clinic; this opportunity allowed P3s and P2s to give back and mentor P1s on their resumes as they began their career as student pharmacists and applied to internships. Before Summer came to an end, our VP of Communication, Melissa Chee, initiated the Annual PLS Mentorship Program and is in the process of matching our members to some stellar alumni and faculty. We are very excited for Fall, so be on the lookout for our events!



2023-2024 Executive Board - Top (L to R) Aniqa Azad, AJ Roderos, Sylvia Choi; Bottom (L to R): Melissa Chee, Ellie Mehrabani, Raeiti Chami

*Everyone has a purpose in life and a unique talent to give to others.
And when we blend this unique talent with service to others, we
experience the ecstasy and exultation of our spirit, which is the
ultimate goal of all goals.*

-Kallam Anji Reddy

SCCP: Summer 2023 Highlights

By: *Cindy Nguyen*

President Elect, VP of Professional Affairs & Development



SCCP Clinical Interest Word Cloud

At the beginning the 2023-2024 year, SCCP wanted to get a sense of what areas of clinical pharmacy our P1 and P2 students were interested in. The word cloud exercise shown helped us prepare events that students could benefit professionally and personally from. We started the summer quarter with the thought-provoking and returning event, **Health Equity Career Panel**, that featured Dr. Lalita Prasad-Redy, Dr. Akshara Kumar, Dr. Stephanie Hsia, and Dr. Rebecca Leon to share how they use their positions as deans, professors, and fellows to empower and advocate for patients and pharmacists alike. We also reinforced SCCP's roots in supporting student research by unveiling our **Research Connections** program for the first time and connecting members with UCSF PGY1 residents and their clinical research projects.

Our board was passionate about introducing journal clubs as a skill for students to develop prior to beginning APPEs. We held our first journal club on "Oral contraceptive use and depression among adolescents" which was led by P2 Grace Herron and facilitated by Dr. Sharon Youmans. We followed this event with a "Journal Club 101" session to help orient students on what exactly constitutes journal club and the type of preparation that goes into selecting a paper to critically discuss and

disseminate with peers. We ended the summer quarter with a "**Cardiology & Ambulatory Care Lunch Talk**" with Dr. Jaekyu Shin who shared his insight and expansive career path through residency, fellowship, academia, and clinical practice. SCCP has more planned for Fall so stay tuned!

AMBULATORY CARE & CARDIOLOGY LUNCH TALK
w/ Dr. Jaekyu Shin

Join SCCP at UCSF for a lunch talk to learn about the typical responsibilities of clinical pharmacists specializing in cardiovascular therapeutics and ambulatory care. Dr. Shin will share his academic experience as the Director of Cardiovascular Sciences & Therapeutics theme and his research! RVSP on GroupPortal with the QR code!

Tuesday, September 26, 2023
12PM-1PM
on Zoom

Co-cur Approved for Career Planning & Development

Cardiology & Ambulatory Care Lunch Talk with Dr. Shin, Sept. 26

Kappa Psi: Soaking Up Summer 2023

By: *Grace Herron*

Regent



Chick-fil-a event, 15 Aug. 2023

From left to right on top: Wilson Tong, Brittney Nguyen, Kamila Wrobel, Jon Ramos, Keanna Rasekhi

Bottom: Tina Le, Grace Herron, Valerie Htun

This summer, Kappa Psi prepared for **Rush 2023**. The Rush process enables pharmacy students, mainly during their first year, to meet the members of Kappa Psi through organized social events. These events also allow for those rushing to meet each other and begin to form new relationships. This year, events included Bifrat, Chick-fil-a and Crafts, and Dolores Park.

At **Bifrat**, both fraternities prepare to socialize with potential pledges by making dinner and baking dessert for them to enjoy. Students come to Golden Gate Park, chat, and enjoy dinner and dessert. **Chick-fil-a and Crafts** was hosted at the Kappa Psi house. At this event, potential pledges enjoy chicken nuggets, french fries, and a variety of sauces while making a bracelet, necklace, and keychain.

The last event, at **Dolores Park**, provided pledges with an opportunity to socialize with some members of Kappa Psi while enjoying the San Francisco sunshine.

After all of these events, pharmacy students can put in their bid for Kappa Psi. Bidding is open for one week and potential pledges could place their bid at the Kappa Psi house. We are looking forward to meeting our new pledges in fall and we are excited to begin the pledging process!



Bifrat, 4 Aug. 2023

Left to right top row: Alexa Kouvelis, Desmond Trieu, Jon Ramos, Ryan Sue, Melisa Lanzar, Jordan Chin

Middle: Aya Ide, Saya Hayashi, Brittney Nguyen, Celine Tran, Lance Calaguas, Jeanne Le, Kamila Wrobel, Jazlyn Quintana, Josh Calangian, Jenny Hu, Keanna Rasekhi, Elizabeth Cheung, Grace Wu

Bottom: Tina Le, Karen Tran, Alinda Deng, Winnie Ng, Valerie Htun, Grace Herron Sanam Chalan, AJ Roderos



Therapeutic Window

Summer 2023

UCSF School of Pharmacy

Thank You!

As we close this newsletter, I would like to take a moment to thank everyone who helped make this edition of *Therapeutic Window* possible.

To the rest of ASSP board, thank you for your unwavering support in all aspects of this newsletter. Thank you for being flexible and understanding, and for helping spread the word about it!

To Dr. Youmans, thank you for making time to meet with me! It was great getting to know you better and I'm excited by the opportunity share more about your journey with the rest of the student body!

To all participating RCOs, thank you for taking the time to write up a summary of highlights for the quarter. I realize it might feel like *just another thing we need to do*, so please know I really appreciate the time spent on this!

To UCSF Documents and Media, especially Eric Wu and Peter Yu, thank you so much for your quick responses and assistance with the physical copies of this newsletter. You have helped this first physical edition become a success!

Last but not least, thank you to all of you, the UCSF Pharmily! I'm grateful to be working alongside such dedicated and supportive colleagues.

Signing off for now,

Belanna Geniza

ASSP Therapeutic Window Editor